



Mamma's Hands

2025 Impact Report

Our Mission & Vision

Mission

At Mamma's Hands, our mission is to provide a safe, nurturing, family-centered home for at-risk mothers and children escaping crisis situations such as poverty, domestic violence, and trafficking. We surround each family with compassionate support, meaningful resources, and a structured environment designed to restore stability, rebuild confidence, and equip them with the tools needed for lasting independence. Through personalized care and empowerment, we walk alongside families as they heal from trauma, rediscover their strengths, set meaningful goals, and build hopeful, healthy futures for themselves and their children.

Vision: Empowered mothers raising confident children in safe, stable homes—families who've transformed pain into purpose. *When we invest in a mother, we transform an entire family. When we strengthen a family, we heal a community.*

OUR PROVEN IMPACT

92%

Success Rate

92% of graduates maintain stable housing through our Aftercare Program—proof that our long-term, individualized approach creates lasting transformation.

Our Model: Why It Works

We offer a **committed empowerment program**—the last shelter they'll ever need. Average 12+ month stays vs. 30-day emergency limits • Family-centered care keeps mothers and children together • Individualized case management and support plans • Debt-free properties (2 House of Hope homes)

Communities We Serve

Mothers 18–55 (avg 24) and children (0–14 boys, 0–17 girls) fleeing domestic violence, trafficking, and unsafe situations in Greater Seattle. Families reflect underserved communities facing compounding inequities—fewer culturally responsive resources, discrimination in housing, and shelters that cannot accommodate families or provide extended support.

50% African American (35% higher IPV rates)

20% Native American (2.5× violent crime risk)

20% Hispanic/Latina (cultural barriers)

12% Immigrants/Asylum Seekers

2025 Impact: Families Served

In 2025, we impacted 72 families total—including 10 families (10 mothers and 19 children) housed at our House of Hope properties, graduates supported through our Aftercare Program, and families served through emergency community outreach. With average stays of 9-14 months at our residential program, families receive the extended time needed to heal from trauma and build lasting stability. Due to the unprecedented affordable housing shortage and stalled government housing programs, families stayed with us at the longer end of this range—ensuring they transitioned to true stability rather than returning to homelessness. **We don't measure success by throughput; we measure it by families who never need emergency services again.**

TOTAL FAMILIES IMPACTED

72

Housed + Aftercare + Outreach

INDIVIDUALS HOUSED

29

10 mothers + 19 children

FAMILIES HOUSED

10

At House of Hope properties

AVERAGE STAY

9-14mo

Time for lasting transformation

The Reality of 2025: Comprehensive Support

Programs & Services

Immediate Stabilization

- ✓ Trauma-informed housing
- ✓ Case management & crisis intervention
- ✓ Basic needs, childcare, school enrollment
- ✓ Safety planning

Root Cause Intervention

- ✓ Financial Literacy (YMCA), parenting education
- ✓ Trauma & play therapy
- ✓ Employment readiness
- ✓ Legal advocacy

Lived Experience Leadership: 67% of staff have personal DV/homelessness experience. A former resident (Lucy—now a WA bar attorney) serves on our board and provides pro-bono legal services. Graduates return as volunteers and mentors.

The Aftercare Difference

Root causes don't end at housing. Our Aftercare Program sustains transformation: continued access to programs, emergency financial assistance, mentorship, crisis prevention, peer support. **92% success rate**—sustained support breaks cycles emergency services alone cannot.

Stories of Transformation

"What Mamma's Hands does doesn't just save moms—it saves generations, and that effect ripples out throughout the community." — Former Resident

"When we fled to the U.S., we left everything. Mamma's Hands gave us more than shelter—hope. They helped enroll my daughters, provided resources for housing and jobs. Today we feel safe and ready for the future. We'll forever be grateful."

— LW, Immigrant Mother Fleeing Abuse

"Mamma's Hands became our safe haven—a place where my son and I could finally breathe and heal. Through trauma-informed therapy for me and play therapy for my son who witnessed the abuse, we both started the journey toward healing. With their stability, I was able to work, save, and move into a place of our own. I wouldn't be where I am today without them."

— JP, Mother & Child Healing from Domestic Violence

"After surviving domestic violence, I was homeless and addicted. Mamma's Hands wrapped around me with love and real resources. They helped me heal through therapy, get my license back, find housing and a meaningful job. They didn't just help me—they helped my daughter and changed the course of our lives."

— TS, Breaking Cycles of Addiction, Violence & Homelessness

Financial Snapshot

2025 REVENUE

\$517K

NET ASSETS

\$1.07M

DEBT

\$0

RESERVES

10mo

292 donors, 89 retained. Two fully owned properties (~\$3.3M value). ~\$4,200/family/month comprehensive support value.

Community Partnerships

Shelter: Acres of Diamonds, Reclaim, Sophia's Way, Hopelink, Vision House

DV/Trafficking: DAWN, REST, WARN, IRC

Therapeutic: Encompass, Raging River, Within Reach

Needs: Babies of Homelessness, KidVantage, Birthday Dreams

Youth: Empower Youth Network, Parent Trust

Skills: YMCA, NAMI

Looking Ahead

Expand from 7 to 10 families (43% increase)—converting offices to bedrooms. Septic upgrades and fire sprinklers required. Enhanced security (gates, cameras) for mothers fleeing abusers. Goal: ~40 families annually.

This is the Last Shelter They'll Ever Need

For 35 years, we've been transforming lives and breaking cycles. With your partnership, every mother who walks through our doors leaves equipped to become the last generation in her family tree that needs a shelter.

Thank you for your incredible support.

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