

2022 MISSION & VALUES

OUR MISSION



Founded in 1990, and opening the doors to the first House of Hope in 1994, we have worked hard to serve families experiencing homelessness in King County. As the only full-time family shelter in our community the House of Hope offers a refuge of safety and support in a compassionate home environment. The mission of Mamma's Hands is to help those experiencing crisis to regain their self-confidence, and to become productive members of society. Our vision is Hope in Every Individual!

OUR CORE VALUES

We believe that by exhibiting the highest standards of professionalism, performance, and charitable best practices we can work together to successfully support those we serve in their journey toward self-sufficiency. We accomplish this through our shared core values which include:

- Mutual respect
- · Individual accountability
- Transparency
- Open communication
- · Awareness of diversity, equity, & inclusion
- Community building within our shelter homes and with our neighbors
- · Continuing relationships with our alumni



2022 OVERVIEW

TOP FAMILY BARRIERS TO HOUSING

#1 DOMESTIC VIOLENCE

#2 LACK OF AVAILABLE CHILDCARE POST COVID-19
TO RETAIN EMPLOYMENT

#3 LACK OF AFFORDABLE HOUSING

#4 SUBSTANCE ABUSE DISORDER/BEHAVIORAL HEALTH ISSUES

TOP REFERRING PROVIDERS

#1 KING COUNTY FAMILY SHELTER INTAKE LINE/MARY'S PLACE

#2 2-1-1

#3 VISION HOUSE DIVERSION CENTER

#4 A SUPPORTIVE COMMUNITY FOR ALL



IT TAKES A COMMUNITY

In 2022 domestic violence continued to be the primary reason families entered the House of Hope. More than 80% of the families we served have been impacted by family and gender-based violence. For families with an imminent risk of serious harm or death, we worked with our partner confidential shelters to keep everyone safe. Families without immediate risks were able to come into our semi-confidential shelter and worked with our staff and partner legal aid services to make sure that these families, and especially the children, never have to live in fear again.

Once a family becomes unsheltered it is almost impossible to get back on your feet without support. This year families came to the House of Hope because they were under or unemployed and could not find childcare with the overall staffing shortage since the pandemic. Substance abuse disorder and behavioral health issues also fractured families. We worked with treatment programs throughout the area so that mothers completing inpatient treatment were able to have a safe place to come with their children upon completion of their recovery program.

We are so grateful for the 75+ human and social service providers who work with the House of Hope. We couldn't do it without you!

2022 AT HOUSE OF HOPE



Number of families served: 13



Number of children served: 36



Average length of stay: 4 to 6 months



98% of families moved into stable housing



Since 1990 the Phone Home Program sent over 2,000 individuals home to a new life free from the streets. The program retired in 2022. Thank you for your help, and for the wonderful memories with so many youth and volunteers!



Scan the QR code to visit us on Facebook and learn more about how you can help!

WELCOME HOME

Although we are a small nonprofit organization, we are mighty in our efforts to combat and someday eradicate family homelessness. Different from most other family shelters, the House of Hope functions as a true "home" environment. Families are not lining up at night to get into the shelter, leaving each morning when the shelter closes, or sleeping on mats on the floor. Rather, mothers and children are welcomed into one of our two beautiful, log-cabin homes located on 10 acres of property nestled at the foothills of the Cascade Mountains. The beauty surrounds the homes, and families enjoy riding bikes, exploring onsite and nearby trails, and spending time outside together at one of our play areas or outdoor amphitheater. The heart of the House of Hope is our Home Sweet Home Program. This consists of comprehensive case management services designed to help families overcome their barriers to housing. Mothers attend onsite parenting classes, and all children ages Birth to 3 receive a developmental screening and services. Counseling, financial empowerment and emotional resilience groups, and social and recreational activities round out the program. Every family who completed our program this year is still in stable housing.

2022 AFTERCARE PROGRAM

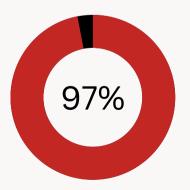




A PLACE AT THE TABLE

Many of the families we serve have experienced generational abuse or poverty, and may not have a strong support system. For residents at the House of Hope, completing our program is just the first step. After their move into long-term housing families may access our Aftercare Program for up to 2 years after they are in permanent housing. Aftercare services include optional monthly case management, invitations to shelter skillset classes and recreational outings, back-to-school and holiday sponsorship, and eviction prevention assistance This continued network of support helps families address barriers that arise and helps to keep them in stable housing. Once a family is served by Mamma's Hands, they always have a place at the table.

97% of families enroll in our Aftercare Program



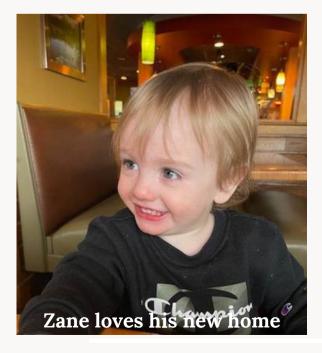
Currently serving 125 women and children

MEET COLEY H.

A 2022 HOUSE OF HOPE ALUMNA



"I don't know where we'd be without Mamma's hands."



After years of struggling with substance abuse disorder, Coley made the brave decision to enter a 6 month inpatient treatment program for women and children. One of the counselors told her about Mamma's Hands, and upon successful graduation from treatment she and her 6 month old son, Zane, entered the House of Hope. Committed to her recovery and eager to provide a healthy life for her new baby, Coley hit the ground running. She attended weekly parenting classes offered at the House of Hope, enrolled in an intensive outpatient treatment program, and attended numerous 12-step meetings. She met weekly with her shelter Case Manager to work on housing, was referred to and started behavioral health counseling, and completed a Birth to 3 developmental assessment for Zane through our partner provider Encompass. It was exciting to see Coley and Zane learn and grow together. Coley was a big contributor to the House of Hope community, often helping with art projects and mentoring other moms. After 7 months at the House of Hope she and Zane moved into long-term transitional housing. An active participant in our Aftercare Program, Coley recently called to tell us that she now works as a Case Manager and helps youth and young adults experiencing homelessness to find the joy she discovered in living a life of stability and recovery. We could not be more excited for or proud of this young woman and her achievements! Coley is just one of many success stories at the House of Hope.

You can follow Coley's journey here:

https://vimeo.com/manage/videos/776029396

2022 FINANCIAL HIGHLIGHTS

A YEAR OF GROWTH

After the tough challenge of the pandemic, 2022 was a prosperous year of growth for Mamma's Hands. **As a small nonprofit organization with an annual budget of \$400,000, every contribution matters.** We could not do the life changing work we do without the hundreds of individuals, families, businesses, faith communities, civic groups, foundations, and volunteers among others who believe in our mission, and are committed to eradicating family homelessness in our community. **Here are some of the financial highlights of 2022:**



Increased individual donations by 23%, for a total of \$141,000.



Held quarterly online giving campaigns including our first WA. GivesBig campaign and our fourth #Giving Tuesday campaign



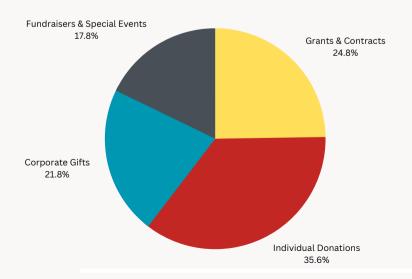
Raised \$128,000 at our 2022 Legacy Dinner & Auction Gala



Received funding from various partners including King County, the Windermere Foundation, The Snoqualmie Indian Tribe, City of North Bend and City of Snoqualmie. Increased grants and contracts to 25% of budget.



Focused on succession planning. Welcomed four new members to our Mamma's Hands Board of Directors.







Thank you for helping families at the House of Hope find their forever homes in 2022!



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