



# Mamma's Hands

HOPE IN EVERY INDIVIDUAL

501(c)(3) non-profit - EIN #91-1535909

Summer 2019

## The HOUSE OF HOPE: TRANSFORMING LIVES

**“When I came to the HOUSE of HOPE, I was sleeping on a park bench with my baby. I was an angry person. The HOUSE of HOPE gave me hope. They changed my life!”** - Ebony, HOUSE of HOPE graduate

Having aged out of foster care to the streets at age 18, Ebony found herself caring for her infant daughter while struggling in a domestic violence relationship. Seeking safety, she fled to Washington where she and her baby could live with a friend. When they could no longer stay there, Ebony and her infant slept on a park bench at night while she searched for shelter during the day. She learned about *Mamma's Hands*, and in October 2018, after a 5-hour bus ride and successful interview, they entered the HOUSE of HOPE.

The program wasn't easy for Ebony. She had been on her own for so long and hurt so deeply that she found it difficult to trust others. Slowly, she built relationships with our staff and the providers we work with. Soon, she was busy with onsite case management that would help her outline and achieve her goals. She attended counseling and received domestic violence support services from Lifewire. The Encompass Parenting First Relationships program strengthened her parenting skills and promoted a healthy relationship with her daughter.

After 9 months at HOUSE of HOPE, Ebony was thrilled to graduate into her own transitional housing apartment, where she will reside as she works on her education and employment goals. She is active in our Aftercare Program, which will provide a continued network of support for the next 2 years. She volunteers at HOUSE of HOPE welcoming new families and often serves as a mentor, sharing what she has learned. She's helping at our booth at the summer North Bend Farmer's Market.

It has been wonderful to see the family's transformation in our program. We know that Ebony will rise to each challenge and success ahead!



Our HOUSE of HOPE program transforms lives like Ebony's by giving our residents the time, support, and resources needed to make life-altering changes and to move forward.

**What makes our program unique among shelters? Find out on page 3 >>>**

**INSIDE:** • Phone Home Program - 2 • Volunteer Thanks! - 2 • What Makes Our Program Unique? - 3  
• Ways to Support Mamma's Hands! - Back Cover • Thanks to Our 2019 Auction SPONSORS! - Back Cover

# PHONE HOME Program

## *Reaching Out with HOPE!*



*From the Founder,*

“Please help me and my wife make it to Arizona, to keep on the right path to a good, clean-from-drugs life.” - Randall, sent home by Mamma’s Hands Phone Home program

Randall spent 3 decades in prison, in his words, *“Locked in degradation like a lost soul forgotten about.”* Upon his release, he found work in Seattle. But, sadly, as he describes it, he *“got into drugs, wrong people, wrong life.”* He lost his job and became homeless. Over the next several years, his life spiraled downward even further when he started using drugs – *“a hard hell of a hard life.”* As Randall watched those around him return to prison or worse – die from drugs, he fought hard to quit drugs altogether, vowing to *“move forward to a better place in my life.”*

Randall did get clean and has stayed that way. He married a woman with the same goals – *“to have a chance to live a normal life, with a roof over your head, work, and a drug-free life.”* Mamma’s Hands Phone Home program sent Randall and his wife to Arizona, and we wish them every success at building a new life.

### Thank you to Our Phone Home Volunteers!

Mamma’s Hands makes an effort to use local area youth to staff the truck, manage the cell phones and provide food, blankets and a listening ear to the homeless. These activities give young people an understanding of community needs and the joy that comes only through helping others. The relationship between those who serve and those who are served becomes one of mutual trust and hope.

Thank you ALL so much! - *Denny Hancock*



Thank-you to some Special Volunteers who help make our programs work!

for landscaping & grounds maintenance at the HOUSE of HOPE:

- *The Beaver Lake Ward of the Church of Jesus Christ of Latter-day Saints*
- Day-of-Service Volunteers from the *Church of Jesus Christ of Latter-day Saints*
- *Mt. Si Lutheran Church* - for Easter Baskets for the HOUSE of HOPE children
- *Ali Bee Photography* - for free professional photography for the HOUSE of HOPE families



**To Volunteer, contact us: [info@mammashands.org](mailto:info@mammashands.org) / 206-915-2073**



# HOUSE of HOPE

## *A Uniquely Different Kind of Program!*

**T**he HOUSE of HOPE is so much more than an emergency shelter. In fact, it is about as far as you can get from what we envision as a homeless shelter. It is a place where moms cook meals together and cheer each other on as they work hard to achieve difficult goals. It is laughter-filled hallways where small children play and feel safe, and it is acres of nature waiting to be discovered.

The HOUSE of HOPE is a safe and compassionate home environment, where families who have experienced domestic violence, or other crises, are given the time, tools, resources, love and support they need to begin to rebuild their lives. It is a healing place where professional staff and structured programs, along with a network of community partners and caring volunteers, work together in support of these deserving families. Most of all, the HOUSE of HOPE is a place where families can find the courage to start over again.

Since 1994, as the only full-time, year-round shelter for families in the Snoqualmie Valley, the HOUSE of HOPE has been a beacon of light for hundreds of mothers and children in crisis.

### Some of the special features of our HOUSE of HOPE program:

- Individually tailored guidance. Efficiency in smaller numbers: Serving up to 7 families at a time allows us to tailor our program individually to each family's needs, strengths, and short & long-term goals.
- Privacy. Two large homes comfortably meet the needs of small & large families. Every family receives their own private room and private or shared bathroom – a rarity in most shelter programs.
- Caring, compassionate staff with over 56 years of combined experience in serving the homeless in crisis.
- Provider services. We partner with nearly 80 social service and community providers. This ensures that our families receive comprehensive counseling, therapeutic guidance, and support services for parenting skills, child development, housing, education, employment and other needs/goals.
- Community support. Dedicated volunteers provide skills-tutoring and family activities. Community outings provide fun and learning opportunities. A network of faith-based community members support families at the holidays and invite them to social and special events. Spiritual counseling is available, if desired.
- Aftercare program. A network of continued support after graduation from HOUSE of HOPE follows our families for up to 2 years after they are in stable housing. Benefits include access to eviction prevention resources, diversion funds, skill-set classes, special events, and sponsorship at Christmas.

### A Special Thank-you to these Extraordinary Community Partners:

- Sandra Sinanan, Parenting Coordinator, Encompass
  - The Encompass Therapy Van staff
  - Eastside Baby Corner
- The Snoqualmie Tribe, for their incredibly generous grant of \$20,000

If you know a mother with children who may be in need of services at the HOUSE of HOPE, please visit our website: [www.mammashands.org](http://www.mammashands.org) or call us at (206) 915-2073.



# *Mamma's Hands*

HOPE IN EVERY INDIVIDUAL

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## How You Can Support Mamma's Hands!

- Donate online at [mammashands.org](http://mammashands.org) (via PayPal).
- Mail your donation: [Mamma's Hands, PO Box 40464, Bellevue, WA 98015](mailto:Mamma's Hands, PO Box 40464, Bellevue, WA 98015)
- See if your employer offers Matching Funds for your donations and/or volunteer hours.
- Shop at [smile.amazon.com](http://smile.amazon.com) - select "Mamma's Hands" as your charity of choice.
- Donate to HOUSE of HOPE donation boxes in Snoqualmie Valley-area locations.
- Support our annual Gala Auction as a Sponsor, Donor, and/or Attendee!
- VISIT our Booth at the North Bend Farmer's Market: August 29 & September 12.



## A Heartfelt Thank-you to Our 2019 Auction Sponsors!

- Don & Kaye Cook
- Clark Nuber PS / Jeff Pannell
- The Retirement Solution / Jim Black
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